

10 OCT 2021



JSCHOOL-HK

「ZEN28 Chinese Community」

Official Jeunesse
Hong Kong & Macau
Facebook Fans Page

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 National Day	2 「ZEN28 Chinese Community」 Fall Season Tips for Outdoor Activities 1
3	4	5	6 「ZEN28 Chinese Community」 Product Consultant of GC Lindsey: Healthy Recipes	7 16:00-17:00 Irene Chow: Stretching and Pain Relief Exercise 1 (Cantonese)	8 Cold Dew EXPO IGNITE 2021 Online - Europe & Middle East	9 「ZEN28 Chinese Community」 Fall Season Tips for Outdoor Activities 2
10 EXPO IGNITE 2021 Online - Europe & Middle East	11	12	13 11:00 Product Training (Mandarin) 15:00 Jeunesse Life + [Teatime Talks] (Mandarin) 「ZEN28 Chinese Community」 Product Consultant of HK Annie: Health Knowledge	14 Chung Yeung Festival	15 EXPO IGNITE 2021 Online - Latin America	16 「ZEN28 Chinese Community」 Fall Season Tips for Outdoor Activities 3
17 EXPO IGNITE 2021 Online - Latin America	18 16:00-17:00 [Jmembers] Social Media Quickstarter: Instagram 2 (Cantonese)	19 19:30-21:30 Dr. Chan Health Talk: Gastrointestinal Diseases 2 (Cantonese)	20 「ZEN28 Chinese Community」 Product Consultant of GC Lindsey: Home Online Workout - ZUMBA	21 20:00 JEUNESSE LIVE	22	23 Frost's Descent 「ZEN28 Chinese Community」 Fall Season Tips for Outdoor Activities 4
24 / 31 Halloween	25	26 17:00 Nutritionist Annie Training: Autumn Healthy Eating Guide (Cantonese)	27 11:00 Product Training (Mandarin) 「ZEN28 Chinese Community」 Product Consultant of HK Annie: Health Knowledge	28 16:00-17:00 Irene Chow: Stretching and Pain Relief Exercise 2 (Cantonese)	29	30 「ZEN28 Chinese Community」 Fall Season Tips for Outdoor Activities 5