

09 SEP 2021



JSCHOOL-HK

JSCHOOL-TW

「ZEN28 Chinese Community」

Official Jeunesse
Hong Kong & Macau
Facebook Fans Page

Official Jeunesse Taiwan
Facebook Fans Page

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1  「ZEN28 Chinese Community」 Product Consultant of HK Annie: Health Knowledge  20:00 ZEN28 Online Home Workout Class (Mandarin)	2 16:00-17:00 Irene Chow: Stretching and Pain Relief Exercise 1 (Cantonese)	3	4  「ZEN28 Chinese Community」 Build Muscle & Burn Fat Challenge - Stage 1  09:00 Hong Kong Official Promotion Channel (Cantonese)
5	6	7	8  「ZEN28 Chinese Community」 Product Consultant of GC Lindsey: ZEN 28 Online Home Workout - Strength Training	EXPO IGNITE 2021 : Kick-Off Event		
12	13	14	15  「ZEN28 Chinese Community」 Product Consultant of HK Annie: Health Knowledge  11:00 Product Training (Mandarin)  15:00 Jeunesse Life + [Teatime Talks] (Mandarin)  17:00 Product Consultant of GC Lindsey Beauty Training: Summer Maintenance - Skin Care (Mandarin)	16 16:00-17:00 Irene Chow: Stretching and Pain Relief Exercise 2 (Cantonese)	17	18  「ZEN28 Chinese Community」 Build Muscle & Burn Fat Challenge - Stage 3
19	20  16:00-17:00 [Jmembers] Social Media Quickstarter: Facebook (Cantonese)	21	22 The Day Following the Chinese Mid-Autumn Festival  「ZEN28 Chinese Community」 Product Consultant of GC Lindsey: Healthy Recipe	EXPO IGNITE 2021 Online - Asia-Pacific & Africa, Greater China and Japan		
26 EXPO IGNITE 2021 Online - Asia-Pacific & Africa, Greater China and Japan	27  16:00-17:00 [Jmembers] Social Media Quickstarter: Instagram (Cantonese)	28 19:30-21:30 Dr. Chan Health Talk: Gastrointestinal Diseases (Cantonese)	29  「ZEN28 Chinese Community」 Product Consultant of HK Annie: Health Knowledge  15:00 Jeunesse Life + [Teatime Talks] (Mandarin)	30 16:00-17:00 Irene Chow: Stretching and Pain Relief Exercise 3 (Cantonese)		 「ZEN28 Chinese Community」 Build Muscle & Burn Fat Challenge - Stage 4