JEUNESSE

MB	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JUN			1	2 Community J Product Consultant of HK Annie: Health Knowledge	3 16:00 Irene Chow - Stretching and Pain Relief Exercise 1 (Cantonese)	4	5 CZEN28 Chinese Community J Summer Milkshake Recipe
	6	7	8	9 Soom 11:00 Product Training (Mandarin) CEN28 Chinese Community J Product Consultant of GC Lindsey: Eat Wisely During the Summer Heat 1	16:00 Irene Chow - Stretching and Pain Relief Exercise 2 (Cantonese)	11	12 "ZEN28 Chinese Community J Media Exposure: PFC Balanced Diet
	13	14 Dragon Boat Festival	15	16 26 th Onlia Community J Product Consultant of HK Annie: Health Knowledge		18 16:00 Irene Chow - Stretching and Pain Relief Exercise 3 (Cantonese)	19 "ZEN28 Chinese Community J Relieve Summer Heat: Soup Recipe
JSCHOOL-HK	20 Father's day	21	22 17:00 Carroll Li Beauty Training: Protect and Moisturize Your Skin in Summer (Cantonese)	23 11:00 Product Training (Mandarin) FZEN28 Chinese Community J Product Consultant of GC Lindsey: Eat Wisely During the Summer Heat 2	24 16:00 Irene Chow - Stretching and Pain Relief Exercise 4 (Cantonese)	25	26 "ZEN28 Chinese Community" Media Exposure: The Importance of Liver Health
FZEN28 Chinese Community」 Official Jeunesse Hong Kong & Macau Facebook Fans Page Official Jeunesse Taiwan Facebook Fans Page	27	28	29	30 Community_ Product Consultant of HK Annie: Health Knowledge			