

06

2020

JUNE



慶端午

Dragon Boat Festival



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

1 International Day for Protection of Children	2 「ZEN28 Chinese Community」 Yoga Challenge 1	3	4 「ZEN28 Chinese Community」 Nutritionist Annie and Fitness coach James: Workouts for Weight Loss – 1 (Cantonese)	5 Grain in Ear	6 「ZEN28 Chinese Community」 Nutritionist Annie and Fitness coach Spencer: Secrets for Muscle Growth -1 (Cantonese)	7
8	9 20:30 JEUNESSE LIVE (Mandarin/Cantonese/English) 「ZEN28 Chinese Community」 Yoga Challenge 2 17:00 「Carroll Li Beauty Training」 Luminesce™: Tips For Getting Perfect Skin In 3 Weeks (Cantonese)	10 10:00 Product Training 「Dr. William」 - The Secret of Longevity-Optimization of Cell Management System (English/Mandarin)	11 「ZEN28 Chinese Community」 Nutritionist Annie and Fitness coach James: Workouts for Weight Loss – 2 (Cantonese)	12 10:00 「Jeunesse live」 6/09 Rebroadcast (English/Mandarin)	13 「ZEN28 Chinese Community」 Nutritionist Annie and Fitness coach Spencer: Secrets for Muscle Growth -2 (Cantonese)	14
15	16 20:30 JEUNESSE LIVE (Mandarin/Cantonese/English) 「ZEN28 Chinese Community」 Yoga Challenge 3	17 10:00 Product Training 「Dr. Ma」 - The Components of Mental Health (Mandarin)	18 「ZEN28 Chinese Community」 Nutritionist Lindsey: Building The Perfect Body – PFC + Workout (Mandarin)	19 10:00 「Jeunesse live」 6/16 Rebroadcast (English/Mandarin)	20 Make-up Workday 「ZEN28 Chinese Community」 Nutritionist Annie and Fitness coach Spencer: At Home Core Workout (Cantonese)	21 The Summer Solstice The Summer Solstice
22	23 11:00 「Jeunesse Knowledge+」 New Orientation Training (Mandarin) 「ZEN28 Chinese Community」 Yoga Challenge 4 17:00 「Nutritionist Annie Training」 Effective Ways of Keeping Healthy Hair (Cantonese)	24 10:00 Product Training (English/Mandarin)	25 The Dragon Boat Festival - The Dragon Boat Festival Public Holiday - Suspend Service - The Dragon Boat Festival 「ZEN28 Chinese Community」 Nutritionist Annie and Fitness coach James: Fat Burning Workout – Tabata (Cantonese)	26 	27 「ZEN28 Chinese Community」 Yoga Instructor Zenia: Yoga Poses to Improve Core Strength (Cantonese)	28
29	30 「ZEN28 Chinese Community」 Yoga Challenge 5 17:00 「Carroll Li Beauty Training:」 naära™ x RVL™: Double Care from The Inside and Outside (Cantonese)					



Official Jeunesse Taiwan
Facebook Fans Page



Official Jeunesse Hong Kong &
Macau Facebook Fans Page



「ZEN28 Chinese Community」



JSCHOOL-TW



JSCHOOL-HK